Country Girl Shake (2026)

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Unknown
Music: Country Girl (Shake It for Me) - Luke Bryan

Intro: 32 counts

No Restarts / No Tags

S1: Walk, Walk, Hip Bumps R-L-R. Forward Rock/Recover, Shuffle 1/2 TURN Left

1,2	RF Walk, LF walk (1-2)
3&4	Step RF Forward, Bump Right Hip Forward (3), Back (&), Forward (4)
5,6	LF Forward Rock (5) RF recover (6)
7&8	LF 1/2 turn left (7&8) (6:00)

S2: Walk, Walk, Hip Bumps R-L-R. Forward Rock/Recover, 1/4 Side Shuffle

1-2	RF Walk, LF walk (1-2)
3&4	Step RF Forward, Bump Right Hip Forward (3), Back (&), Forward (4)
5-6	LF Forward Rock (5) RF recover (6)
7&8	LF 1/4 Left, RF Next to LF, step LF to side (3:00)

S3: Cross Rock/Recover, Side, Cross Rock/Recover, Side. Stomp, Stomp, Roll Hip once or twice

1&2	RF Cross Rock (1) LF Recover (&) RF next o LF (2)
3&4	LF Cross Rock (3) RF Recover (&) LF next o RF (4)
5-6	Stomp RF (5) Stomp (6)
7-8	Hip roll (7-8) once or twice

S4: Heel, Together, Heel, Together. Heel, Clap hands Twice. Back Rock/Recover, Full Turn

1&2&	Right Heel Forward (1) Close (&) Left Heel (2) Forward Close (&)
3-	Right Heel Forward (3)
&4	Clap hands twice (&4)
5-6	RF Back Rock (5) LF Recover (6)
7-8	RF Turn 1/2 Left Back (7) LF Turn 1/2 Forward (8)

This choreography is based on the work of Michele Adlam & Maria Hennings Hunt. However, since 2011, it has caused all sorts of confusion because people have been following dance instructions from other places (nightclubs/performance venues/YouTube videos) instead of following the dance Step Sheet as most of the dancers will do these days.

In the third secction of the dance, it's common to see half the dancers facing the 12 o'clock direction and the other half facing the 3 o'clock direction.

I'm trying to ensure all students and party participants follow the same dance Step Sheet for line dancing social events, and the best I can do is provide a newly revised Step Sheet to eliminate this confusion.

Submitted by: Su Law - Email: sulaw1@hotmail.com